

# CPNA NEIGHBORHOOD NEWS

Hey All Crowley Park Residents,

School is out and summer is upon us. Since our last newsletter, CPNA has been busy with a couple of projects. CPNA held its first International Food Festival back in April. So I want to recognize Fatima Abdul and her husband Meheraj for organizing this activity. The weather was perfect. If you were not in attendance, you missed an excellent opportunity to sample foods from around the world. Three picnic tables were full of all kinds of delicacies – from hummus to baklava and potato salad to baked beans ... all very delicious! I had several plates. There were approximately 85 people enjoying the food and friendship. A good time was had by all!

I want to thank Glenda Jenkins for organizing Crowley Park's recognition of the veterans in our neighborhood. The recognition event was held on Armed Forces Day, May 21. The event gave all the veterans who attended a chance to meet, greet, and share memories over pizza and cookies. There were several tables of personal memorabilia that were on display to share with everyone.

The recently planted trees at the far north end of Crowley Park along Honeysuckle are looking healthy. I want to thank Nancy Crowe and her husband, Van Niemela, for a job well done. CPNA plans to add more trees to the park.

I want to recognize CPNA's new Social Committee chairperson, Katy Palasek. She has some great ideas for future activities. Next time you see Katy give her a "high-five" for taking over the Social Committee.

**MARK YOUR CALENDER!** Annual CPNA meeting will be held Monday September 26 at the Woodcreek Church on Renner just east of Shiloh Rd. Please plan to attend.

The CPNA has reached a milestone with 300 members. This milestone was reached because of all of the volunteers who give their time and energy to make CPNA a viable organization, making it attractive to join. If you are a CPNA member please think about becoming active in the organization. The first step is to attend the next board meeting, which will be held August 22, 6:30pm, at 2305 Blackberry. Please feel free to attend. Our board meetings are held from 6:30- 8:30. If you become more active with CPNA functions you will meet new neighbors and you will have a good time.

**CPNA NEEDS!** The CPNA website is not very good. I am sure there are some "techies" in our neighborhood so please contact the CPNA board and lend us your technical "savvy" and "know how" to make the CPNA website a usable site. Please we need some help.

Sincerely,  
From the bottom of my feet your president of CPNA  
Terry Ziegler

P.S. Why do hummingbirds hum? Because they do not know the words!

## UPCOMING EVENTS

### 5th Sunday Crowley Park Gathering

July 31, 2016, 6:00  
Snuffers, 300 W. Campbell Rd



### Board Meeting

August 22, 2016  
2305 Blackberry Dr

### Membership Drive

August 1- 31, 2016

See page 2  
for more details!



### Annual Meeting

September 26, 2016  
6:30 - 8:30  
Woodcreek Church

### National Night Out

October 4, 2016



### Fall Festival

October 29, 2016



# SOCIAL COMMITTEE CHAIR

Dear CPNA members,

Hello everyone, I wanted to reach out to let you know that we have a new Social Committee Chair. Her name is Katy Palasek. Katy moved into the neighborhood in the last year and quickly became active as a CPNA volunteer. She has already shared some great ideas to make CPNA even better.

I have truly enjoyed my position as Social Chairperson the last 5 years. I will still be volunteering and helping out when needed just not in a "Chair" capacity. I will still be overseeing the Publications Committee. So, if you know of anyone interested in advertising in our wonderful newsletter, please pass on their contact information and I'm happy to follow up.

We want to thank all of you again for all your wonderful support and for volunteering at our events. CPNA cannot exist without you. It takes a unified TEAM to make it all happen so we are grateful for you!

If you know of any others that would like to be part of the social committee please have them reach out to Katy. Her email is: [katypalasek@gmail.com](mailto:katypalasek@gmail.com).

Rockie Marvel

## CPNA Officers

### President:

Terry Ziegler  
[terryziegler@zieglers.com](mailto:terryziegler@zieglers.com)

### V. President:

Bill Kinder  
[wjkinder@att.net](mailto:wjkinder@att.net)

### Treasurer:

Sharol Clark  
[sharolclark@sbcglobal.net](mailto:sharolclark@sbcglobal.net)

### Secretary:

Dot Pitts  
[dotpitts@gmail.com](mailto:dotpitts@gmail.com)

## Committee Directors

### Membership & Promotions:

**OPEN POSITION**

### Social:

Katy Palasek  
[katypalasek@gmail.com](mailto:katypalasek@gmail.com)

### Publications:

Rockie Marvel  
[rockiemarvel@gmail.com](mailto:rockiemarvel@gmail.com)

### Civic & Environmental:

Chuck Johnson  
[bjnona@aol.com](mailto:bjnona@aol.com)

### Neighborhood Safety:

Terry Ziegler  
[terryziegler@zieglers.com](mailto:terryziegler@zieglers.com)

## MEMBERSHIP DRIVE

### JOIN CPNA!

#### WE NEED EVERYONE'S TALENTS TO MAKE A DIFFERENCE!

The 2016-2017 CPNA membership drive will be conducted during the month of August. Everyone, renewing or joining for the first time during the entire month of August, will be entered into a drawing for great prizes at the Annual Meeting on September 26th at Woodcreek Church.

### PRIZES

Samsung LED 32 inch TV  
Eisemann tickets & dinner  
AND other great drawing prizes

Watch for details during the month. On August 20<sup>th</sup> & 27<sup>th</sup>, there will be drive up enrollment opportunities.

**Membership for CPNA 2015-2016 was 301 families!**

**THANK YOU FOR JOINING AND  
SUPPORTING CPNA!**

# CROWLEY PARK BUNCO

By Ann Bailey

In January of this year, a group of neighborhood women got together to organize a local BUNCO group. The first meeting took place on Tuesday, February 9 with over 20 ladies in attendance. We enjoyed rolling dice, eating snacks, winning some prizes, and most of all, delighted in getting to know our neighbors. Since that first meeting, the group has evolved into 16 regular attendees, with others on a sub list. We meet on the second Tuesday of each month.

So what is BUNCO, anyway? Basically, for \$5.00, one has the chance to play a mindless dice game while yakking and relishing in one another's company. Truly, if you have five bucks and can count to 21, then you have what it takes to play BUNCO! Each round consists of a "target" number, beginning with "one" in the first round, "two" in the second round and so on, until six. Players are on teams of two, and take turns rolling three dice and receive one point for each target number that appears on the dice. The person who is rolling continues until she makes a roll with no target number appearing. Her turn has ended, and the dice move to the next player. When a team at the "head table" hits 21, that round is over. At all other tables, the team with the highest number of points wins that round. Should a player roll three of the "target number," she has rolled a BUNCO, and receives 21 points for her team.



We try to play rounds of one through six at least three times during the evening, but sometimes only go through twice. At the end of the evening, the entry fee money is divided in order to award these fabulous prizes: \$30 for rolling the most BUNCOS; \$15 for winning the most games; \$10 for holding "the traveling bear" (he gets passed from player to player when someone rolls 3 sixes); \$5 for the least number of games won, and two \$10 door prizes. Woot woot!



The Crowley Park ladies have had loads of fun rolling dice and getting to know one another! We meet at a different home each month. Hosting is easy - with 16 regular players, that's an average of less than once per year as the

host! Because we are a relatively large group, we also have a need for substitutes. If you have an interest in playing BUNCO, why not consider signing up for the sub list? Our "regulars" are often in need of a sub. You could even just stop by and observe on a second Tuesday... just to take a look, see what it's like and get introduced to the BUNCO gals -- we want to meet you!

If you have an interest in learning more about BUNCO, please text or email: Ann Bailey, 214-284-7074, [ann.bailey@risd.org](mailto:ann.bailey@risd.org) or Sandy Mayo-Orr, 469-939-0989, [smayoorr@aol.com](mailto:smayoorr@aol.com)



## WATER MY YARD

By Matthew Wade



The City of Richardson has partnered with the Texas A&M University Agricultural Extension to provide a free service called WaterMyYard. This service will help residents plan their yard's watering needs, while doing their part to conserve water and protect our common environment.

The website explains that "over 50% of landscape water is wasted due to overwatering [and] inefficient watering practices". Through a weekly text message and/or e-mail Richardson residents can receive recommendations of when to water, and for how long, during the upcoming week.

The process to enroll is simple and only takes about 5 minutes. To get started go to [www.watermyyard.org](http://www.watermyyard.org) and enter your full address on the homepage. The next step is to figure out your sprinkler system's precipitation rate. You can do this by entering some information about your system (manufacturer, type, spacing of heads), or by placing several clean tuna cans in your yard then running the system for 20 minutes. Calculate the average depth of the water in the cans and multiply by 3 for your hourly rate. Once you've entered this information the service will give you a watering recommendation for the week ahead. To stay automatically informed create an account and sign up for either e-mail or text alerts, or both. The service will notify you on a day of your choosing so you can set your sprinkler system to water, or turn it off for the week.

Thank you for doing your part to keep our neighborhood beautiful, while preserving our precious resources for future generations.

## BAKED SALMON WITH ARTICHOKE HEARTS

- 1 (6 ounce) jar marinated artichoke hearts, drained and chopped
- 1/2 medium red onion, chopped
- 1 stalk celery, chopped
- 4 (4 ounce) salmon filets without skin
- Salt and pepper, to taste
- 1/4 cup reduced fat sour cream
- 1 tablespoon Dijon mustard
- 1 1/2 tablespoon dried parsley



Preheat oven to 400 degrees. In medium bowl, combine artichoke hearts, red onion and celery. Place each salmon filet on a sheet of aluminum foil. Sprinkle with salt and pepper.

Combine sour cream and mustard and mix well. Divide sour cream mixture and spread on top of each filet. Divide artichoke heart mixture and place on each filet. Sprinkle each filet with dried parsley.

Fold edges of foil and crimp to seal. Place fish packets on cookie sheet and bake for 12-15 minutes, or until fish flakes easily with a fork. Makes 4 servings.

## APPLE CRANBERRY TART

Here is one of the recipes we have collected while traveling through France; the almond paste, an ingredient often used in French baking, gives this delicious dessert a Continental flavor. Serve alone or top with a scoop of vanilla ice cream.

- 1 roll almond paste
- 1 9-inch tart shell, unbaked & room-temperature
- 1 C fresh cranberries
- 5 med apples (preferably Macintosh), peeled & sliced to make approximately 5 C
- 1/4 C sugar
- 1 tsp cinnamon
- 1/2 C uncooked oats
- 1/2 C all-purpose flour
- 1/2 C brown sugar
- 6 T unsalted butter, very cold or frozen
- 1/4 C sliced almonds



Preheat oven to 375°F (190°C). Flatten almond paste onto a sheet of wax paper. With a rolling pin, roll almond paste to form an 8-inch circle. Press almond circle into bottom of unbaked tart shell. In a bowl, combine cranberries, apples, sugar and a 1/2 tsp of cinnamon. Pour on top of almond circle, into tart shell. In a bowl, combine the remaining cinnamon, oats, flour and brown sugar. Cut butter into very small pieces and blend into cinnamon an oats mixture until crumbs form. Spoon crumb mixture evenly over the top of apple mixture. Bake 50-60 minutes. Sprinkle with sliced almonds during the last 5 minutes of cooking time.

Serve warm with a scoop of vanilla ice cream and enjoy!  
Cook time: 50-60 minutes. Makes 6 servings.

## PREPAREDNESS TIP:

### CHECK HOMEOWNER'S INSURANCE COVERAGE

City of Richardson

Protect yourself and your belongings. **Contact your insurance provider** to make sure you have adequate coverage for your **property and contents** such as

- Antiques
- Collections
- Firearms
- Lawn and sports equipment
- Electronics

During a federally declared disaster if individual assistance is made available, a relatively small amount is allowable to assist with your personal loss compared to the impact you might experience. From this amount, personal expenses begin to be deducted such as rental costs, minimal home repairs, funeral expenses, personal vehicle repair, and medical expenses. The cap for these costs is set by the U.S. Congress each year and is currently \$33,000 maximum. This funding is not guaranteed and would not come close to returning your life and home to pre-disaster conditions. Obtain property insurance if you do not have it and review the extent of coverage each year.



Let's Get Ready Richardson! Your planning and supplies could be the difference between remaining in your home or needing to seek shelter in an emergency. Resources, sample plans, and links are available online at [www.cor.net/em](http://www.cor.net/em) or for more information call 972-744-0900.

Ready



Prepare. Plan. Stay Informed.

# GROW YOUR OWN JACK-O-LANTERN

By Dot Pitts



Pumpkins are one of those plants that everyone should grow at least once for the pure fun of watching the orange fruits balloon in size. You can actually grow pumpkins in pots. Pumpkin seeds should not be planted outdoors until the ground temperature is consistently 65 degrees. For a Texas harvest around Halloween, seeds should be planted in May- June.

1. Choose your container- at least a 10 gallon container for a single vine of miniature pumpkins, but bigger is better, about 36 inches across. Some gardeners grow pumpkins in a typical 6 foot-wide plastic children's swimming pool.
2. Make sure your pot has drainage holes- no soggy soil. If your container lacks drainage holes, add them. Several smaller holes work better than one large hole.
3. Use a commercial, bagged soilless mix specifically recommended for container growing.
4. Combine equal parts of this mix with compost, working the compost into the bottom half of the pot.
5. Keep soil about two inches below the pot rim, and add a layer of mulch to help slow water loss from the soil.
6. Sow 3 to 4 seeds per pot, and thin seedlings to one or two, depending on how large of a pot you have used.
7. If your space is small, build a trellis and train vines to it.
8. Water frequently as soil dries and fertilize every few weeks, but do not over fertilize.
9. Small types of pumpkins that successfully grow in a container include Spooktacular, Baby Bear, Baby Pam and Small Sugar. Miniature pumpkins such as Wee Be Little, Baby Boo and Jack Be Little also grow well in containers.
10. Now carve away or cook into a yummy delicacy.

## RESULTS OF PLAYING IN THE DIRT

By Glenda Jenkins

I started a vegetable garden as a result of the news article of Playing in the Dirt. First we purchased a 4'x4' cedar garden box from Wells Brothers which had all the soil needed to start our planting project.

Started with the purchase of pepper, tomato, cucumber, lettuce and zucchini plants and added carrot and bush green bean seeds and you should see what happened! We have had several salads from the lettuce and cucumbers. Our tomatoes are just now ready for eating.

It has been a fun project and looking forward to planting pumpkins shortly!



July 2016

## DID YOU KNOW?

By Victoria Sum



Brush and yard trimmings can be turned into mulch and compost through Richardson's Brush and Bulky Item Collection (BABIC) program. Put leaves and grass into a compostable bag and leave them by the street in front of your home. (Compostable paper bags may be purchased at local home improvement stores.)

- Brush and yard trimmings in compostable bags diverts it from the landfill
- Brown bagging saves the City money
- Beneficial reuse for your lawn and garden

**Compostable bags left in the alley will not be composted and will be taken to the landfill.**

The yard waste and brush is taken to the Regional Composting Facility, which produces compost, topdressing, pro-bedding mix, mulch and composted mulch that is sold to the public under the label of Texas Pure Products. Richardson residents are eligible for a discount. For more information, visit [texaspureproducts.com](http://texaspureproducts.com).

Your BABIC pickup day is the same as your recycle day. To schedule a BABIC pickup, call 972-744-4111, visit [www.cor.net/recycling](http://www.cor.net/recycling) or use the MyRichardson app, which can be downloaded at [www.cor.net/myrichardson](http://www.cor.net/myrichardson). When you schedule your BABIC pick up, please be sure to mention you have yard trimmings for compost, and place the trimmings scheduled for collection in the front yard on the grassy area between the sidewalk and the street. If you are in a corner house, you may set the items out on the grassy area (the parkway) on the side street and make sure you make it known at the time of scheduling the appointment what street the items are placed on.



**Take Brown Bags to the front curb NOT the landfill!**

## FIRST LONG TERM ACUTE CARE HOSPITAL IN RICHARDSON

City of Richardson

Residents of Richardson will have access to state of the art extended critical care services with the partnership between Methodist Richardson Medical Center and Vibra Healthcare. The new location will occupy 29,481 square feet on the third floor of Methodist Richardson Campus for Continuing Care, located at 401 W. Campbell Road, Richardson, Texas. Vibra Hospital of Richardson will be the first LTACH (Long Term Acute Care Hospital) in the Richardson community. This facility began admitting patients on June 6th, 2016.

When fully occupied, the new Vibra Hospital will employ approximately 65 medical professionals and staff. Hospital features will include: 14 private patient rooms, 6 intensive care rooms, rehabilitation therapy gym area, pharmacy, three bay dialysis suite, specialized procedure rooms, and easy access to visitor parking.

The Vibra Hospital of Richardson will specialize in the treatment of patients with a variety of complex medical needs, including those who are recovering from illnesses such as strokes, cardiac and respiratory diseases, neurological spinal cord injuries, multiple traumas, and wounds.

For additional information about Vibra Healthcare's network of specialty hospitals and post-acute care continuum, visit the website at [www.vibrahealthcare.com](http://www.vibrahealthcare.com).

**Vibra Healthcare, LLC Contact:**  
Diane Pierce, Executive Vice President  
Business Development  
Office: 717-591-5780

**Methodist Richardson Medical Center Contact:**  
Jan Arrant, Director  
Community and Public Relations  
Office: 469-204-2019  
Cell: 214-477-8305

## SECOND ANNUAL SALUTE TO VETERANS

The second annual "Salute to Crowley Park Veterans" was held on Saturday, May 21st. The event was held at the north end of the park and the Richardson Rotary provided 10 American flags.

This year the event included the posting of the colors by the Girl Scouts Northeast Texas Honor Guard, followed by veterans sharing stories and memorabilia of their time in the military. Pizza was provided by I Fratelli's, along with cookies and water.

Veterans in attendance included 5 WWII, 4 Korean War, 10 Vietnam (2 were both Vietnam and Gulf War, and 4 Cold War Veterans. In the past year, two veterans from WWII and one Vietnam veteran from Crowley Park have died.



## SHADE THE TRAIL - CROWLEY PARK TREE INITIATIVE

*WE NEED YOUR HELP!*

By Nancy Crowe

We are scheduled to plant 20 more trees this Fall in Crowley Park, but currently we have funding for only 6 trees.

This program has already enabled 27 trees to be planted in our parks to "shade the trail" from that hot summer sun. Our ultimate goal is at least 50 new trees.

A \$200 donation is matched with \$200 from the city to have a tree planted, watered and dedicated in memory of a loved one or in honor of someone special. Smaller donations are also accepted without a tree dedication.

Look at these photos to see the difference the trees have already made at the corner of Blackberry and Honeysuckle Drive!

For more information, to make a donation, or to purchase a tree in memory of a loved one, please contact Nancy Crowe at 214-679-3091 or [ncrowe3@hotmail.com](mailto:ncrowe3@hotmail.com). Or simply write a check to "CPNA" with "Shade the Trail" on the memo line, and mail it to CPNA, PO Box 830114, Richardson, TX 75083. It's a gift we can all enjoy for many years to come!



**The following Crowley Park Residents have donated \$200 to purchase a tree:**

DONOR

Eric Chen  
Andrew Chuvarsky  
Sharol Clark  
Kathleen Crowe  
Nancy Crowe and Van Niemela  
Glenda and Dennis Jenkins  
Dan Johnson  
Chuck and Joan Johnson  
Bob and Mary Ann Johnston  
Bill and Leslie Kinder  
Fulchu Li  
Lynne Lofgren  
Rockie and Tim Marvel  
Bill Simpler  
Sabrina Skoblionok  
Eric and Terry Willenbrock  
Steven and Penny Williams  
Jean Wright  
Terry Ziegler

DEDICATED TO:

Chia Yang and Yu Ying Chen  
Helen Chuvarsky  
Tate Landon Clark  
William Crowe  
Dave and Patti Stevens  
Micah N. Jenkins  
Todd and Alison Ayrea

Disabled American Veterans  
Sofia Skoblionok

Dorothy Charlene Elberson Williams  
Judy Neslage

**The following Crowley Park Residents have donated \$20-199 toward the purchase of a tree:**

Elena Basurto  
Sandy and David Maher-Smith  
Donna Newton  
Tanya Nguyen  
Phil Nordquist  
Roy and Beverly Ridley

Naomi and Joe Steede  
D Max Waitfield  
Tsu Ching Liu and Peggy Wang  
Shana and Mike Wiessing  
Clifford and Jean Wright



HAVE YOU RECEIVED YOUR WELCOME BOOK?

### WELCOME COMMITTEE PROGRAM

CPNA's "Welcome Committee" was formed for the purpose of welcoming new residents into Crowley Park. Welcome Books are filled with information about Crowley Park and the City of Richardson. These books were compiled by the committee and are being distributed to new residents monthly.

If you have not received your Welcome Book, FREE blue recyclable bags and Goodie Bag please contact Glenda Jenkins at [dlgjjenkins@aol.com](mailto:dlgjjenkins@aol.com).

Please join us in welcoming our latest new members to our wonderful neighborhood:

**Todd & Alison Ayrea on Blackberry Dr**  
**Jim P Smith on Greenpark Dr**  
**Mark & Kassie Taylor on Acacia Dr**  
**Thomas & Linda Kocurek on Carnation Dr**  
**Fank & Aerica Plewa on Park Garden Pl**  
**Tim & Anna Marie Blythe on Mum Dr**  
**Jason Cloud on Golden Willow Ln**



WELCOME TO  
CROWLEY PARK



## RESIDENT BENEFITS

Dear Neighbors,

We are fortunate to be in our 7<sup>th</sup> year as a fully-functioning Crowley Park Neighborhood Association (CPNA). To clarify, CPNA is voluntary and NOT a homeowners association.

*"CPNA is a **voluntary** group that strives to develop the lines of communication with the city, promote a safe, clean and attractive community, and bring residents together to preserve and enhance the livability and value of our neighborhood."*

CPNA is open to home owners and tenants alike, **BUT, we need your support! We want to continue to be "your voice" and offer these great benefits and services.** Please be a part of the Crowley Park community by contributing your dues and volunteering your time and talents.

**Membership dues are *only* \$25 per year, per household and provide & facilitate the following valuable services:**

- ❖ Crime Watch Patrol – by trained neighborhood volunteers
- ❖ Beautification & Civic Projects (as approved by the City and budgetary constraints)
  - ~ Crowley Park "Trash Bash" and "National Night Out", City sponsored events
  - ~ Crowley Park entry signs
  - ~ Street sign Toppers
  - ~ Flag Program through Rotary Club (\$40/household/year to participate)
  - ~ Clean & paint perimeter wall @ Jupiter & Renner
  - ~ Various ongoing community projects
  - ~ Shade the Trail Initiative sponsored by CPNA & residents
- ❖ Special Events
  - ~ Spring fling Mixer (March)
  - ~ International Potluck (April)
  - ~ Annual Meeting (September)
  - ~ Salute to Veterans (May)
  - ~ Ice Cream Social (June)
  - ~ Fall Festival (October)
- ❖ Representation at City of Richardson meetings and coordination of matching projects.
- ❖ Interaction with Richardson Police and Fire Departments.
- ❖ CPNA Neighborhood News newsletter. Distributed quarterly.
- ❖ Neighborhood Website ([www.CrowleyPark.com](http://www.CrowleyPark.com))
- ❖ CPNA Social Networking Site limited to residents only: (<https://crowleypark.nextdoor.com>)

***Please complete your Membership Form today.***

***Thanks in advance for your support!***

**CPNA MEMBERSHIP APPLICATION**  
**October 1<sup>st</sup>, 2016 - September 30<sup>th</sup>, 2017**

**Application Date** \_\_\_\_\_

**First Name** \_\_\_\_\_ **Last Name** \_\_\_\_\_

**Other Adults** \_\_\_\_\_

**House Address** \_\_\_\_\_

**Phone** ( \_\_\_\_\_ ) \_\_\_\_\_

**Email** \_\_\_\_\_

*(For communicating planned events, meetings, and alerts)*

**Payment (\$25)**       CASH     CHECK # \_\_\_\_\_

*Payable to CPNA and mail with completed form to:  
CPNA, P.O. Box 830114, Richardson, TX 75083*

**Volunteering** (check all that applies):

- Neighborhood Safety (Crime Watch Patrol)
- Flyer-Newsletter Distribution
- Welcome Committee
- Newsletter Writer/Editor

**Social Events** (Please pick one):

- Trash Bash (February)
- Spring Fling (March)
- International Potluck (April)
- Salute to Veterans (May)
- Ice Cream Social (June)

*THANKS FOR YOUR SUPPORT!*

**Crowley Park Neighborhood Association**

For more information contact Glenda at 972-680-0885

Payment Date: \_\_\_\_\_

## FIFTH SUNDAY MEETUP

By Ann Bailey

5<sup>TH</sup> SUNDAY

Did you know that every three months there is a fifth Sunday? So what? Well, it provides the neighborhood an excuse to get together!

That's exactly what a group of Crowley Park folks did on Sunday, May 29th.

The brain child of neighbor Linda Wise, we had an impromptu get-together at Desperados Mexican Restaurant on Campbell Road. About 20 neighbors met for drinks and then some awesome Mexican food, all while participating in great conversation and fellowship.

We enjoyed it so much that we decided to make the "Fifth Sunday" a regular event and hopefully entice more neighbors to join in the fun. The thought is to meet at local restaurants that can accommodate a large group, doing our best to stay within a reasonable distance from Crowley Park.

The next Fifth Sunday will occur on July 31<sup>st</sup>. Let's meet at the new Snuffers located at 300 W. Campbell Road at 6:00pm for drinks and then dinner around 6:30pm. Costs for food and drinks are "on your own." Mark your calendars for Sunday, July 31, and hope to see you there!

To RSVP, drop me an email so that we can prepare Snuffers with our numbers -- [ann.bailey@risd.org](mailto:ann.bailey@risd.org).

(Watch NextDoor for more reminders of Fifth Sunday and another chance to RSVP. And, consider marking your calendar for October 30<sup>th</sup>, too... that is the final Fifth Sunday of the year.)

## INTERNATIONAL POTLUCK PARTY

By Fathima AbdulRahim

Crowley Park Neighborhood Association held its first International Potluck Party on Saturday April 23rd at the north pavilion in Crowley Park. More than 30 families joined the party and shared many different ethnic dishes.

There were Vietnamese egg rolls, American potato salad, Indian samosas, and cheese wraps. Other foods included chips, pitas and hummus for appetizers. Pakistani Biryani, Mexican Chicken Casserole, Shepherds pie, cheese bacon wraps and spinach pie were some of the main course foods. Many desserts were shared, including baklava, cake, different variety of cookies and watermelon.

Sharla Austin arranged games like Kanjam and Molky, and everyone joined in to learn a new game. Rihab Abdelgalil arranged a craft table for the kids with Japanese fans, paper quilt art and bracelet making with beads. Rabia Zahid decorated kids' hands with Pakistani Henna art. Children and adults alike blew bubbles and flew and kites. There were prizes for the participants too!

It was a fabulous afternoon of sharing and meeting new neighbors! CPNA is looking forward to continuing this tradition next year with more participants, new games and more delicious foods!

Thanks to our wonderful neighbors who participated and brought delicious ethnic foods!



## HAWAIIAN PUNCH SALAD

24 ounces torn Romaine lettuce  
1/4 cup grated Mozzarella Cheese  
1/2 mango, diced  
4 strawberries, quartered  
1/4 cup diced pineapple  
1 boneless, skinless chicken breast, grilled and chopped  
1/2 avocado, sliced  
1/4 red onion, sliced

### Citrus Vinaigrette

1/3 cup freshly squeezed grapefruit juice  
1/3 cup freshly squeezed orange juice  
1/3 cup plain or orange flavored nonfat yogurt. Salt to taste

Combine all citrus vinaigrette ingredients in a jar with a tight fitting lid. Shake until well mixed.

In a large salad bowl, combine romaine lettuce, strawberries, mango and pineapple. Drizzle dressing over salad, and toss to coat.

Top with chicken, shredded cheese, red onion and avocado and serve.

4 servings.



## CARROT SALAD

1 pound carrots, shredded (approx. 3 cups shredded)  
3/4 cup pineapple, chopped or crushed  
1/2 cup raisins  
6 ounces plain lowfat yogurt  
2 tablespoons fresh mint, chopped  
2 tablespoons lemon juice  
1 teaspoon honey  
1/2 teaspoon ground cinnamon  
1/4 teaspoon ground cumin

Combine all ingredients in a large bowl and mix well. Cover and refrigerate for at least 2 hours.

6 servings.



### Attention All Veterans,

North Dallas Memorial VFW Post 3530 (Richardson, Texas area) is a low key post, primarily in Community Service, Americanism, veterans support and we activate Patriotic programs. If this is one of your goals, **please come to our next meeting, at 7:30 PM on the 3rd Thursday of the month, held at:**

Saint Luke Lutheran Church  
1210 W. Belt Line Rd., Richardson, TX 75080.  
**NON-SMOKING POST**

### **For questions, contact:**

Ralph Rizzo, Commander 469-345-6563  
Art Hawkins, Quartermaster 214-893-3545  
Pablo Gonzalez, Adjutant 817-713-8342

Visit our website: [www.vfw3530.com](http://www.vfw3530.com)

Join us as members of the VFW Post 3530.

*Community Service,  
Fire & Police Award,  
Paramedics Award, ,  
Voice of Democracy  
Award, Jr. ROTC Award,  
Veterans Helping  
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## A BENCH FOR KENT AND BRANDO

By Betty Koehler

Kent and I loved living so close to Crowley Park and spent many years enjoying all the park has to offer. He enjoyed taking the great grandkids to the park because they would beg to go, when they came over. He was tougher than I was because I would usually stay at home because of the heat. However, it never seemed to bother him or the kids. They would return tired with red faces from running and playing at the playground.

When our dog Brando was still with us we would take him to the park and he would drag us to every corner, seeking out every squirrel, dog and person who would catch his attention. He was an English setter and would sweep side to side to pick up scents so it was always a challenge to walk him. He even tried to get in the pond more than once because of the ducks. When Brando passed away we discussed getting a park bench for him but time passed and we never got around to doing it.

When Kent passed, it seemed the right time to get the bench and plaque for them both. I have so many wonderful memories of the park and all the animals. We would often stop after eating out to feed the fish and ducks at the pond. We had the pleasure of meeting the "Duckman" and his

wife at the pond and spent time talking about the ducks and other wildlife found in the park. We have seen coyotes and even found a puppy that we took to the pound. It got adopted so all was good.



We had two ducks that my husband named Daffey and Daisy that came by our house every year around the same time. The male had a bad foot so we always knew it was the same pair of ducks. I feed the birds so outside our den window Kent would keep track of all the birds that came by to feed. We got to see so many baby birds being feed by the parents.

We had rabbits in our back yard and of course, the squirrels. My husband always got up very early so by the time I got up, he would tell me all about the rabbits, squirrels and birds, ducks and hawks that had come by that morning. He also had a favorite rabbit that was in our backyard that he would talk to every morning while sneaking a smoke in our backyard. I always wondered if he knew I could hear him talking to the rabbit because our bedroom window was facing the backyard. I woke up many mornings hearing his conversation with the rabbit and it always made me smile.

